Austin Chiropractic & Acupuncture Clinic

5750 Balcones Drive, Suite 108
Austin, Texas 78731
512-452-2525

Patient Information

Date:____________________

Patient Name (Legal):____ **Date of Birth:**_______/_______/_______

Preferred Name (If Any):____

Address:____ **City:**________________ **State:**______ **Zip:**___________

E-Mail Address:____

Phone:_____________________________ **Preferred Method of Contact:** ☐ **Phone Call** ☐ **Text Message** ☐ **E-Mail**

Occupation:_______________________________________ **Employer:**_______________________________________

Marital Status: ☐ **Single** ☐ **Married** ☐ **Partnership** ☐ **Divorced** ☐ **Widowed**

Spouse's Name:______________________________ **Number of Children:**_______ **Age of Children:**_____________

Emergency Contact:____ **Contact Phone:**___________________________

Medical Doctor:____________________________________ **Clinic Name:**____________________________________

Have you ever received Chiropractic Care? ☐ **No** ☐ **Yes, Doctor's Name:**__________________________________

Who can we thank for referring you for care? ____

Patient Case History

Major Complaint(s):____

Complaint Began When and How? ____

Grade Intensity/Severity of Complaint/Pain: [None] **0 1 2 3 4 5 6 7 8 9 10** [Worst Possible]

What Daily Activities are affected by the Complaint? ______________________________________

Previous Treatment: ☐ **None** ☐ **MD** ☐ **PT** ☐ **Massage** ☐ **Heat** ☐ **Ice** ☐ **Meds** ☐ __________

Quality of Complaint/Pain: ☐ **Sharp** ☐ **Stabbing** ☐ **Shooting** ☐ **Numbness** ☐ **Tingling** ☐ **Weakness**

☐ **Gripping** ☐ **Burning** ☐ **Throbbing** ☐ **Stiffness** ☐ **Soreness** ☐ **Tenderness**

Frequency of Complaint/Pain: ☐ **Off & On** ☐ **Constant** **When is Complaint/Pain the worst?** ☐ **AM** ☐ **PM**

Does the Complaint/Pain Radiate to Any Part of your Body? ☐ **No** ☐ **Yes, Where to?** ________________

What Makes it Better? ☐ **Nothing** ☐ **Rest** ☐ **Ice** ☐ **Heat** ☐ **Movement** ☐ **Stretching** ☐ **Meds** ☐________

What Makes it Worse? ☐ **Rest** ☐ **Sitting** ☐ **Standing** ☐ **Movement** ☐ **Overuse** ☐ **Stress** ☐____________

Secondary Complaint(s) (If Any):____

What are your goals for care in our office? ☐ **Short-term Relief** ☐ **Long-term Relief** ☐ **Wellness/Preventive Care**

Current Medications:

☐ **None**

__________________ __________________
__________________ __________________
__________________ __________________
__________________ __________________
__________________ __________________

Past Health History – Major Injuries/Traumas:

☐ **None**

__________________ __________________
__________________ __________________
__________________ __________________

Past Health History - Surgeries/Hospitalizations:

☐ **None**

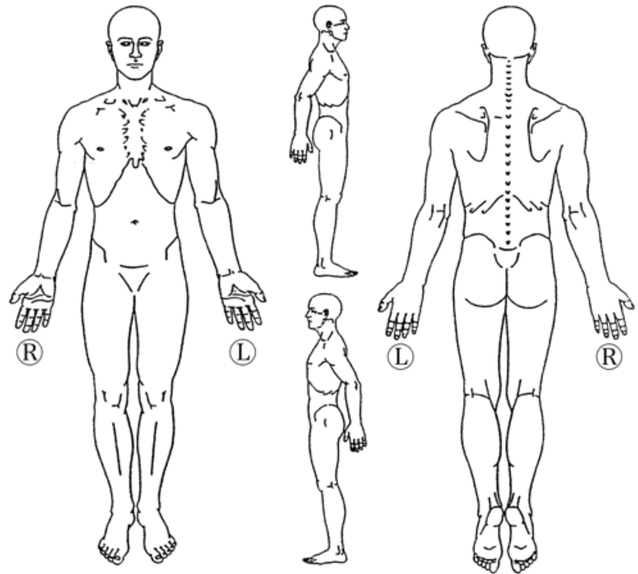
__________________ __________________
__________________ __________________
__________________ __________________

Family Health History - Relavent First Degree Relatives:

☐ **None**

__________________ __________________
__________________ __________________
__________________ __________________

MARK DIAGRAM WITH LOCATION OF COMPLAINTS



Lifestyle & Social History:

Current Use: ☐ **Caffeine** ☐ **Tobacco** ☐ **Marjiuana** ☐ **Alcohol** ☐ **Recreational Drugs**

Hobbies:______________________________
Recreation:____________________________
Exercise: ______________________________
Diet: _________________________________

Are you *currently* experiencing any of these symptoms? (Check all that apply)
Many of the following conditions respond to Chiropractic and Acupuncture care.

General: *(constitutional)*
- ☐ Recent Weight Change
- ☐ Fever
- ☐ Fatigue
- ☐ None in this Category

Musculoskeletal:
- ☐ Neck Pain
- ☐ Mid Back Pain
- ☐ Low Back Pain
- ☐ Arm Problems
- ☐ Leg Problems
- ☐ Painful Joints
- ☐ Stiff/Swollen Joints
- ☐ Sore/Weak Muscles or Joints
- ☐ Muscle Spasms/Cramps
- ☐ Broken Bones
- ☐ Other: ________________
- ☐ None in this Category

Neurological:
- ☐ Numbness or Tingling Sensations
- ☐ Loss of Feeling
- ☐ Dizziness or Light Headed
- ☐ Frequent or Recurrent Headaches
- ☐ Convulsions or Seizures
- ☐ Tremors
- ☐ Stroke
- ☐ Other: ________________
- ☐ None in this Category

Mind/Stress:
- ☐ Nervousness
- ☐ Depression
- ☐ Sleep Problems
- ☐ Memory Loss or Confusion
- ☐ Other: ________________
- ☐ None in this Category

Cardiovascular & Heart:
- ☐ Chest Pains
- ☐ Rapid Heartbeat or Other Changes
- ☐ Blood Pressure Problems
- ☐ Swelling of Hands, Ankles, or Feet
- ☐ Heart Problems
- ☐ Other: ________________
- ☐ None in this Category

Respiratory:
- ☐ Difficulty Breathing
- ☐ Persistent Cough
- ☐ Coughing Blood
- ☐ Asthma or Wheezing
- ☐ Lung Problems
- ☐ Other: ________________
- ☐ None in this Category

Gastrointestinal:
- ☐ Loss of Appetite
- ☐ Blood in Stool
- ☐ Change in Bowel Movements
- ☐ Painful Bowel Movements
- ☐ Nausea or Vomiting
- ☐ Abdominal Pain
- ☐ Frequent Diarrhea
- ☐ Constipation
- ☐ Other: ________________
- ☐ None in this Category

Genitourinary:
- ☐ Sexual Difficulty
- ☐ Kidney Stones
- ☐ Burning/Painful Urination
- ☐ Change in Urination Force
- ☐ Frequent Urination
- ☐ Blood in Urine
- ☐ Incontinence or Bed Wetting
- ☐ Other: ________________
- ☐ None in this Category

Endocrine, Hematologic, & Lymphatic:
- ☐ Thyroid Problems
- ☐ Diabetes
- ☐ Excessive Thirst or Urination
- ☐ Cold Extremities
- ☐ Heat or Cold intolerance
- ☐ Change in Hat or Glove Size
- ☐ Dry Skin
- ☐ Glandular or Hormone Problem
- ☐ Swollen Glands
- ☐ Anemia
- ☐ Easily Bruise or Bleed
- ☐ Phlebitis
- ☐ Transfusion
- ☐ Immune System Disorder
- ☐ Other: ________________
- ☐ None in this Category

Eyes & Vision:
- ☐ Wear Contacts/Glasses
- ☐ Blurred or Double Vision
- ☐ Glaucoma
- ☐ Eye Disease or Injury
- ☐ Other: ________________
- ☐ None in this Category

Ears, Nose & Throat:
- ☐ Bleeding Gums / Mouth Sores
- ☐ Bad Breath or Bad Taste
- ☐ Dental Problems
- ☐ Swollen Throat or Voice Change
- ☐ Swollen Glands in Neck
- ☐ Ringing in the Ears
- ☐ Ear - Ache/Ringing/Drainage
- ☐ Sinus / Allergy Problems
- ☐ Nose Bleeds
- ☐ Hearing Loss
- ☐ Other: ________________
- ☐ None in this Category

Skin and Breasts:
- ☐ Rash or Itching
- ☐ Change in Skin Color
- ☐ Change in Hair or Nails
- ☐ Non-healing Sores
- ☐ Change of Appearance of a Mole
- ☐ Breast Pain
- ☐ Breast Lump
- ☐ Breast Discharge
- ☐ Other: ________________
- ☐ None in this Category

Women Only:

Are you pregnant?
- ☐ Yes - Due Date ____/____/______
- ☐ No - Last Menstrual Period ____/____/______

- ☐ Infertility
- ☐ Painful or Irregular periods
- ☐ Vaginal Discharge
- ☐ Other: ________________
- ☐ None in this Category

Patient Signature: X____ Date: ________________

Doctor Signature: X____ Date: ________________

Functional Rating Index

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities.

For each item, please circle the number which most closely describes your condition right now.

1. Pain Intensity

0	1	2	3	4
No Pain	Mild Pain	Moderate Pain	Severe Pain	Worst Possible Pain

2. Sleeping

0	1	2	3	4
Perfect Sleep	Mildly Disturbed Sleep	Moderately Disturbed Sleep	Greatly Disturbed Sleep	Totally Disturbed Sleep Sleep

3. Personal Care (washing, dressing, etc.)

0	1	2	3	4
No Pain; No Restrictions	Mild Pain; No Restrictions	Moderate Pain; Need To Go Slowly	Moderate Pain; Need Some Assistance	Severe Pain; Need 100% Assistance

4. Travel (driving, etc.)

0	1	2	3	4
No Pain on Long Trips	Mild Pain on Long Trips	Moderate Pain on Long Trips	Moderate Pain on Short Trips	Severe Pain on Short Trips

5. Work

0	1	2	3	4
Can do Usual Work; Plus Extra Work	Can do Usual Work; No Extra Work	Can do 50% of Usual Work	Can do 25% of Usual Work	Cannot Work

6. Recreation

0	1	2	3	4
Can do All Activities	Can do Most Activities	Can do Some Activities	Can do Few Activities	Cannot do Any Activities

7. Frequency of Pain

0	1	2	3	4
No Pain	Occasional Pain; 25% of the Day	Intermittent Pain; 50% of the Day	Frequent Pain; 75% of the Day	Constant Pain; 100% of the Day

8. Lifting

0	1	2	3	4
No Pain with Heavy Weight	Increased Pain with Heavy Weight	Increased Pain with Moderate Weight	Increased Pain with Light Weight	Increased Pain with Any Weight

9. Walking

0	1	2	3	4
No Pain after Any Distance	Increased Pain after 1 Mile	Increased Pain after ½ Mile	Increased Pain after ¼ Mile	Increased Pain with All Walking

10. Standing

0	1	2	3	4
No Pain after Several Hours	Increased Pain after Several Hours	Increased Pain after 1 Hour	Increased Pain after ½ Hour	Increased Pain with Any Standing

Patient Signature: X________________________________ Date: ______________

Functional Rating Index Score: ________% (Completed by Dr. Swanson.)

Austin Chiropractic & Acupuncture Clinic, P.C.
Justin Swanson, D.C., F.A.S.A., C.C.E.P.
5750 Balcones Drive, Suite 108, Austin, Texas, 78731
Phone: 512-452-2525

Patient Name: ________________________________ D.O.B.: ____________Date:____________

Before this office begins any health care procedures we require you to read and sign this form stating you understand the below items. In the event you refuse to sign this form, the provider reserves the right to refuse care.

AUTHORIZATION: By signing below you authorize this office/provider to complete a consultation and examination for the above named patient.

AUTHORIZATION FOR X-RAY WITH RELEASE: By signing below you consent to the taking of x-rays if there is a determined need. By signing below you have declared that you have no known limitations that would be contraindicated for an x-ray evaluation. By signing below you have declared, to the best of your knowledge, there is no chance you are pregnant at this time.

ACKNOWLEDGMENT OF ASSIGNMENT OF BENEFITS: By signing below you have acknowledged that you are fully responsible for all services rendered. By signing below you further acknowledge understanding that your health and motor vehicle insurance policies are an agreement between you and your carrier, and you may be required to pay some or all of the fees charged to your account. By signing below you hereby assign benefits to be paid directly to this office/provider by your third-party payer, (e.g. insurance company, attorney, etc.). By signing below you agree that this is a non-rescindable agreement and failure to fulfill this obligation will be considered a breach of contract between you and this office. **I instruct checks to be made payable to Dr. Justin Swanson, and payment to be sent to 5750 Balcones Drive, Suite 108, Austin, Texas, 78731.**

CMS-1500 HEALTH INSURANCE CLAIM FORM: By signing below you acknowledge and agree that the CMS-1500 Health Insurance Claim Form Box 12 and Box 13 will state "Signature On File" or "SOF". Box 12 Reads as follows: "PATIENT'S OR AUTHORIZED PERSON'S SIGNATURE - I authorize the release of any medical or other information necessary to process this claim. I also request payment of government benefits either to myself or to the party who accepts assignment below." Box 13 Reads as follows: "INSURED'S OR AUTHORIZED PERSON'S SIGNATURE - I authorize payment of medical benefits to the undersigned physician or supplier for services described below."

ACKNOWLEDGEMENT OF NOTICE OF PRIVACY PRACTICES: We are very concerned with protecting your personal health information. There may be times our office may need to contact you regarding office matters. By signing below you authorize this office to contact you for office related matters in the following manner: telephone (home, mobile, work), mobile text messaging, e-mail and postal mail. Messages may be left on an answering device/voicemail, or with the person answering your telephone. In accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA), updated September 23, 2013, this office is required to supply you with a copy of the office privacy policies and procedures upon request. This document outlines the use and limitations of the disclosure of your personal health information and your rights as a patient. By signing below you have acknowledged that you have been offered a copy of this document.

ACKNOWLEDGEMENT OF TREATMENT PLAN: By signing below I acknowledge that, if accepted for care, I may be presented with a chiropractic treatment plan resulting in one or more of the following services: examinations, chiropractic adjustments, supportive therapies and procedures.

ACKNOWLEDGEMENT: By signing below you acknowledge that you understand and agree with the policies and procedures outlined in this TERMS of ACCEPTANCE form. By signing below you acknowledge and certify all the information given to this office/provider in the INTAKE forms are true and accurate to the best of your knowledge.

Patient Signature: X____ Date: ________________

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Patient Name: ______________________________ D.O.B.: __________Date:__________

INFORMED CONSENT FOR CHIROPRACTIC SERVICES

I have been informed of the following:

1. The process of delivering a "Chiropractic Adjustment (spinal manipulation)" may be performed manually or with an instrument to the vertebra(e) of the spine and/or associated structures (ribs, arms, legs, etc.), often, but not necessarily, resulting in an audible pop or clicking sound;
2. I have been informed that in addition to the Chiropractic Adjustment, one or more "Supportive Therapies" may be applied by the chiropractor or by staff under their direction and supervision incorporating the use of motion, electricity, traction, bracing, heat, cold, or nutritional/lifestyle recommendations;
3. I have been informed that coinciding with the process of a Chiropractic Adjustment and/or Supportive Therapies there may be, at times, some temporary soreness and/or stiffness; less frequently aggravation of presenting symptoms or initiation of new symptoms; rarely tissue bruising and/or swelling, more rare joint/bone separation/fracture; and extremely rare, disc, nerve or vascular injury. The possible consequences and possible complications have been explained to me by the chiropractor;
4. I have been informed that at times treatment techniques may include skin to skin contact, tissue mobilization and/or stretching of involved or related areas and digital pressure/light touch/brushing over regions both on and/or away from your primary complaint location;
5. I have been informed that certain techniques may require close proximity between clinician and patient;
6. I acknowledge that the chiropractor has made no guarantee of a positive outcome from treatment;
7. I have been afforded ample opportunity for questions and answers; and
8. I have been informed of my condition, possible benefits, risks of treatment if any, options, and financial obligations.

Therefore by signing below:

I consent to the performance of the diagnostic and therapeutic procedures performed by the doctor and or staff under the direction and supervision of the office chiropractor(s) involved in my case;

I consent to the performance of other diagnostic and therapeutic procedures in the future that may be deemed reasonable and necessary by the doctor and or staff under the direction and supervision of the office chiropractor(s) involved in my case;

Patient Signature: X____ Date: ______________

Witness Signature:X____ Date: ______________